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## Should I Medicate My Child? : Sane Solutions for Troubled Kids with--and Without-- Psychiatric Drugs

By Lawrence Diller

Perseus Distribution, 2008. Softcover. Book Condition: New. From the author of the acclaimed *Running on Ritalin*, the first thoroughly balanced and deeply informative guide to helping parents make the best treatment decisions -- with and without medication -- for children with psychological problems. With the publication of *Running on Ritalin* in 1998, Dr. Lawrence Diller established himself as the country's leading expert on the use of psychiatric drugs to treat children. Since then, parents have clamored for his expertise on psychological problems beyond ADD, drugs beyond Ritalin, and, most important, how to decide whether or not drugs really are the best option for their children. More and more parents are asking the simple question: Should I medicate my child? In this authoritative and plainspoken book, which features a detailed, easy-to-access "Quick Guide to Psychiatric Drugs," Dr. Diller gives parents the tools they need to regain faith in their own judgment and make wise choices for their children. *Library Journal* says, Behavioral pediatrician and family therapist Diller presents a thoughtful and balanced discussion of the use of psychiatric medications for adolescents and children. His position is middle of the road. Medication alone doesn't solve a child's behavioral problems, he argues, and therapy...



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