



## Rewiring the Soul: Finding the Possible Self: How Your Connection to Yourself Can Make All the Difference

By Gabriella Kortsch Ph D

Createspace, United States, 2011. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Ask anyone, whatever their circumstances, if their life is vibrant, fulfilling, harmonious and happy. An honest reply is likely to be no, because to answer a truthful yes is no mean feat. Only to grow psychologically and emotionally is not enough. And only to grow spiritually is not enough either. All three dimensions need to be developed in order to realize your full potential. If you are willing to assume total responsibility for the self and to start what is an on-going journey, you will quickly begin to glimpse the first fruits of the ultimate goal: inner well-being, freedom, peace, harmony and joy. This book sets out the pathway to self-mastery and selfdiscovery and walking that pathway will be the most exciting adventure of your life. Rewiring the Soul provides a userfriendly roadmap for personal transformation. Using conversational style, it guides the reader to an understanding of himself, his problems and how they can be resolved, including as well his spiritual growth. Based on common sense and the author s work as an integral psychotherapist as well...



## Reviews

Definitely among the best book I have got possibly study. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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-- Shayne O'Conner

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