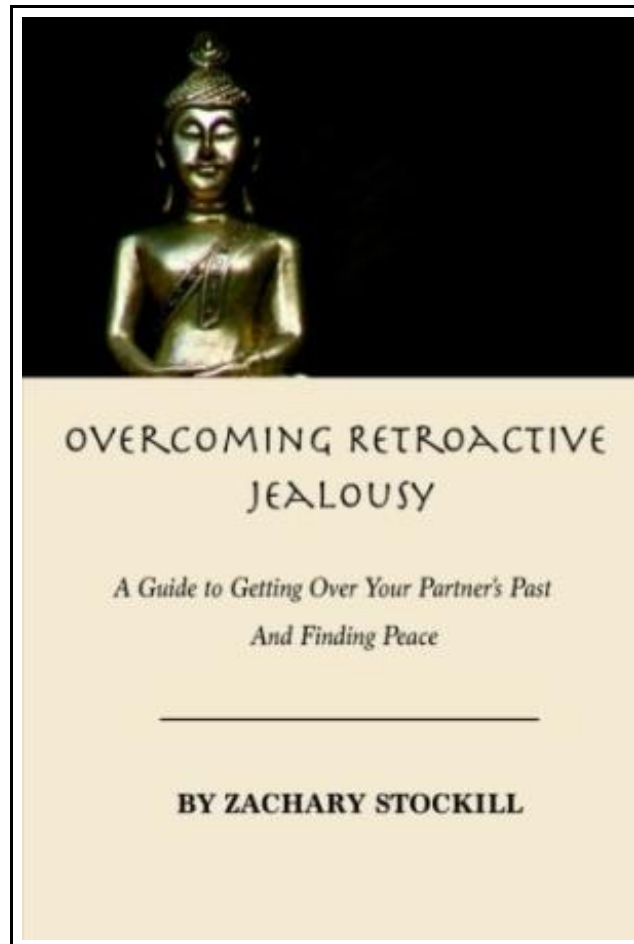


Overcoming Retroactive Jealousy: A Guide to Getting Over Your Partner's Past and Finding Peace



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(Dr. Porter Mitchell)

OVERCOMING RETROACTIVE JEALOUSY: A GUIDE TO GETTING OVER YOUR PARTNER S PAST AND FINDING PEACE



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 224 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.ARE YOU TIRED OF CONSTANTLY THINKING ABOUT YOUR PARTNER S PAST RELATIONSHIPS? Are you interested in letting go of obsessive jealous thoughts, anxiety, and curiosity about your partner s past? Wouldn t it feel great to be completely free from retroactive jealousy, and be able to move forward in your relationship without worry about the past? What if I told you that you already have the cure for overcoming retroactive jealousy? You do-all you need is the proper guidance. And that s where Overcoming Retroactive Jealousy comes in. Written from the perspective of one who has struggled with, and eventually overcome, obsessive jealousy surrounding a partner s past, Overcoming Retroactive Jealousy is the only guidebook you will ever need to let go of jealous thoughts, curiosity, and anxiety about your partner s past relationships/sexual history. AFTER READING YOU WILL: have access to a multi-step program that will help you to let go of your jealousy and anxiety begin incorporating coping exercises into your daily routine which will eliminate your jealous thoughts as soon as they appear feel a new sense of optimism and confidence in your ability to grow and overcome retroactive jealousy understand what your jealousy is really about, and have a concrete plan of action for overcoming it, and moving forward You might currently feel hopeless; like retroactive jealousy is something that you ll just be forced to live with until you die. You might even be severely depressed, mired in obsessive jealous thoughts and confusion. Overcoming Retroactive Jealousy will show you that you are suffering needlessly-and show you the way forward. In nineteen chapters, author Zachary Stockill outlines a series of time-tested...

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