



Exercise Testing and Interpretation: A Practical Approach

By Christopher B. Cooper, Thomas W. Storer

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2001.

Paperback. Book Condition: New. 242 x 188 mm. Language: English . Brand New Book. This 2001 book provides a practical and systematic approach to the acquisition, interpretation, and reporting of physiologic responses to exercise. Pulmonologists, cardiologists, and sports physicians, as well as respiratory therapists and other allied health professionals will find this book an indispensable resource when learning to select proper instruments, identify the most appropriate test protocols, and integrate and interpret physiologic response variables. The final chapter presents clinical cases to illuminate useful strategies for exercise testing and interpretation. Useful appendices offer laboratory forms, algorithms and calculations, as well as answers to FAQs. A glossary of terms, symbols, and definitions is also included. Exercise Testing and Interpretation: A Practical Approach offers clearly defined responses (both normal and abnormal) to over thirty performance variables including aerobic, cardiovascular, ventilatory, and gas-exchange variables. Practical, portable, and easy-to-read, this essential guidebook can be used as a complement to more detailed books on the topic, or stand on its own.



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Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

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